

*Welcome to the neighborhood!*



*"When I see the friendships, that's really what's important to me, that they can say this is my friend, this is my buddy."*

Carolann Garafola, MA  
Executive Director



**Mt. Bethel Village**

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# The Day Program



**Mt. Bethel Village**

# MT. BETHEL VILLAGE DAY PROGRAM



*"It's a good place to live. I feel very secure here."--Billy H.*

*"I've been doing cooking and going to concerts and making friends."--Jane P.*

*"I love it here. I've got a lot of friends. They're really, really nice here."--Bernice D.*



**Contact:**

908-757-7000

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## Safety. Comfort. Enjoyment.

The Mt. Bethel Village Day Program is designed to develop life skills, community participation and personal development for adults with autism, developmental disabilities or traumatic brain injuries, or those outside of the special needs system who need supports. Typically, a client will arrive by 9:30 AM and spend a day engaged in fun, confidence-building activities. Clients may bring a brown bag lunch.

Clients may visit the Mt. Bethel Village Day Program for as many days per week as is appropriate for them. There is no minimum requirement. Acceptance into the program is contingent upon a favorable intake application conducted by admissions staff.

*Mt. Bethel Village is now an approved Medicaid provider for the Day Program, Fee for Service under DDD.*

## Program Highlights

The Mt. Bethel Village Day Program is for men and women ages 21 and over. Clients spend the day engaged in activities that seek to enrich these elements of their lives:

- *Life skills*
- *Personal development*
- *Community participation*

Activities include dance, exercise, art, music, film, photography, yoga, sports, assistance with activities of daily living, habilitation skills, self advocacy skills, computer lab, money management, board games, puzzles media and current affairs. Outings include horseback riding, swimming, volunteering, bowling and hiking.

Activities are facilitated by our highly trained staff including a program director. We do not offer advanced medical supports.